

April 2025

Spring has sprung and the birds are chirping. Get to the river and row!

UPCOMING IMPORTANT DATES- www.norwalkriverrowing.org/calendar.html

- 4/1 1st Annual Row to Work Day
- 4/8 NRRA Basketball Program begins
- 4/13 Coach's Day Off (everyone's on their own)
- 4/22 NRRA Docks come out for the summer
- 4/30 Things go back to normal.....

ADULT PROGRAMS

The Director of Rowing has announced that all Adult Programs have been cancelled for 2010. "I'm tired of getting up in the morning", says Charles.

In a nod towards safety, all adult rowers are now required to implant GPS chips in their hats along with radio transmitters. New software allows the Head Coach to track all the boats on his computer from his kitchen and talk to the rowers. "Coaching from home is so much more productive and comfy", says Head Coach No Name.

MISCELLANEOUS OBSERVATIONS:

- Tim brought Maybelline products and Jon Jensen beat the women to the bag!
- Bill S. was caught rowing at midnight by the police. "I just wanted more water time!" says B.
- Katy was seen doing handstands in a double. "Rowing gymnastics is the wave of the future!" says K.
- Jan Gaus was happy all week!

YOUTH TEAM

Youth Director, Brian Ambrette, declares May 1, "Happy Rowing Day". All rowers are expected to show up with smiles on their faces and a 2 minute stand up comedy routine to share with all.

Donald Trump announced that he was bringing MS coach, Melanie Jacobi, on his show the Apprentice. "Ms. Jacobi shows great poise while dealing with middle school rowers. Anyone that can do that deserves to sit at my table!" says Trump.

It is with great sadness that I must report the resignation of Brian Ambrette. Brian has been chosen for next season's running of the Bachelor. "I have to get in shape and do research for my role. I've got to decide blond or brunette!" says Ambrette. Though we wish him luck, his loss will be a blow to the NRRA.

MISCELLANEOUS OBSERVATIONS

- Youth Asst. Coach Matt Labine was reported being seen reading the Shell Game looking for coaching tips to help his crews take down the Yale Varsity 8 this spring.
- Rec Team rowers were actually seen pulling hard!
- The Novice Boys racing team asked if they could spearhead the formation of an annual NRRA Youth Dance. "Maybe the girls will notice us then", says Brad Plunkett.
- In a shocking display of maturity, the entire girls team didn't say the word "like" a single time.....in 5 minutes.

ROAR

Outreach Director, Melanie Jacobi has decided to go after the New York Yankees in an effort to expand her outreach program. In her mission to encourage athletes to be clean from steroid use she is using her young rowers to set the example of how to act as athletes. Says Melanie, "Maybe the money the players save on 'roids can help buy us a barge!".

Tired of writing endless foundation grant requests, Jacobi has decided to use her budget to play the PowerBall lottery. "The chances of getting funds are much higher with PowerBall", says Jacobi.

WEBPAGE

Rumors have it that the Chinese government has been trying to hack into the NRRA website to discover how the magic of rowing works. So far their efforts have been thwarted by Charles' use of Google ads to confound their hackers.

BOARD OF DIRECTORS MEETING

In an effort to kick start the Capital Campaign, the Board has decided to hire the Yankee stadium and flood it like the historic days of Rome at the Coliseum. Once it is the FISA certified depth of 2 meters, coaches from all over New England will show up with their launches and proceed to joust with each other with Croker oars. The last coach left floating will receive 10% of the gate receipts while the other 90% will fund the boathouse construction. Rumors have it that Coop was seen late at night working on one of the engines in an effort to boost its output as high as his Subaru STI.

Oh yeah, the next meeting will be held after the jousting match..... at Times Square.....on Dec. 31, 2010. Don't forget your champagne.

VOLUNTEER OPPORTUNITIES

Who needs 'em?

MEMBERSHIP DRIVE 2010

In a new initiative launched by the Membership Committee, volunteers (ignore the post above about volunteers) will be asked to go to Westport and bar the door to Saugatuck while chanting "Our water's better, our water's better". Director Huthmaker states, "Stealing athletes is the best way to grow!"

TRAINING TIP OF THE MONTH- *How to get big!*

There's no doubt that muscle moves boats! The more muscles you have, the faster the boat will go.

“Technique is for wusses and height doesn't matter, all you need is big guns and quads”, states Olympian, and NRRA alum, Dan Walsh.

The traditional method of building muscle is to work steady and hard at the gym in the weight room. That does work but it sure does hurt and it takes so long!

Therefore, it is recommended that you hop on a plane to Mexico and buy the best anabolic steroids that you can find. I hear that Tijuana has a great selection. Barring getting arrested when you try to carry them back to the US, you now have the simplest method known to build mass and GET BIG.

Don't worry about all those pesky side effects (like women with deep voices and hair on their chests or the guys that lose their.....er.....manhood). When you win that gold medal, all that will be forgotten.

So, don't listen to your coaches about hard work, discipline or team. Just fly south of the border and buy the best body you can!

Charles “Joe Weider” Huthmaker

Happy April Fools.....